

Personal Development: Executive Summary

In the Beckfoot Trust, our core purpose is to create remarkable schools where no child is left behind. Remarkable is beyond outstanding and is about a commitment to growth not a fixed state. To enable our school to be remarkable we all strive to be even better tomorrow than we are today. We have three school values that underpin all that we do and how we all behave. They help shape us within and beyond our school community: Kindness Hard Work Ambition.

Kindness	Hard work	Ambition
<ul style="list-style-type: none"> We are all positive role models within our school and around our community. We act with respect, kindness, and integrity. We do the right thing because it is the right thing to do. We all understand difference and ensure every member of our community feels welcome and belongs. 	<ul style="list-style-type: none"> We work hard every day to build the knowledge and skills we need to be successful. We persevere and are resilient when things are difficult and take responsibility for our own behaviour 	<ul style="list-style-type: none"> We tackle problems with a growth mindset and aspire to be the best we can be. We are open minded to opportunities and all the possibilities the future holds for us

Personal development runs like a golden thread throughout our curriculum. We provide our children with a nurturing environment in which they can safely explore what it means to grow up today and develop the skills and attitudes that will ultimately help them lead a happy and successful adult life.

Our personal development curriculum plays a vital role in supporting children's mental health and wellbeing and gives all children the opportunity to freely express themselves in a safe and caring environment, where all opinions and values are accepted and welcomed. We ensure our children know how and when to ask for help and to know where to access support.

Through the personal development curriculum, we equip children with the skills to be able to succeed in the many different areas of the curriculum, as well as throughout life. It encourages children to develop a growth mindset and the resilience they need to meet any challenge. It teaches children to do the right thing because it is the right thing to do and what it means to be a member of a diverse community. Through our curriculum children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

At Beckfoot Nessfield we recognise those individuals who strive to be even better tomorrow than they are today. As part of this, we use a rewards-based system called ePraise from Reception to Year 6, to reinforce our commitment to achievement. Children are allocated in house teams and work together to accumulate points.

Intent	Implementation	Impact
<p>Our personal development curriculum is planned to give children the knowledge, skills, language, and strategies they need to live healthy, safe, fulfilling, responsible and balanced lives now and as adults.</p> <p>Character education: Children are given opportunities to develop positive personal attributes, such as resilience, self-confidence, self-esteem, and empathy. They know what good behaviour and self-discipline are and that repeated effort and great determination is needed to achieve their goals.</p> <p>Relationship education: We teach children to know how to recognise the difference between healthy and unhealthy relationships so they can have safe, fulfilling, and respectful relationships themselves. We teach them to be kind, considerate, respectful, and helpful and to behave with courtesy and awareness of others. We ensure children understand discriminatory behaviour and what to do if they are pressured and experience harassment. They know that there are many different types of families and that they deserve respect and are valued equally under law.</p> <p>Health & Mental Wellbeing: We have a strong focus on mental health and well-being and ensure children know how to ask for help in these areas. Children are equipped with the knowledge and skills to make good decisions about their own physical and mental health.</p> <p>Citizenship: Our personal development curriculum teaches children to be active citizens in their community leading to them becoming actively involved in public life as adults. They are equipped with the skills to be more confident in all areas of their personal and academic life.</p> <p>Safety: We teach children to stay safe outside of school in the wider community e.g. knife crime, cyberbullying, first</p>	<p>Our personal development curriculum is multi-faceted and threads through everything we do:</p> <p>PHSE: spiral curriculum taught from EYFS to Y6 that covers 100% of the mandatory Relationship and Health Education guidelines as well as PHSE and Early Years guidance. Delivered through myHappymind and The Story Project. PHSE is the first lesson taught each week throughout school, so children can apply new knowledge and skills across the school week in order to embed them.</p> <p>Safety: safety curriculum delivered through PHSE and other subject domains, such as online safety in Computing. The wider safety curriculum is also taught through assemblies, themed days and weeks e.g. Safer Internet Day.</p> <p>Health & Mental Wellbeing: importance of good mental health is taught through our myHappymind curriculum. Children are taught how their brain works and how to look after it so they can manage their emotions and be at their best. They are taught to understand their own unique character strengths to build their self-esteem. They gain an understanding of why gratitude matters and how to develop it as a habit as well as how to build positive relationships and keep resilient in the face of challenge. Children are taught to keep themselves physically healthy through our Science and PE curriculums as well as themed weeks such as Healthy Eating Week. All KS2 children compete in a steps pedometer challenge each week.</p> <p>Support for mental health and well-being: Children who are identified for needing additional specialised support with mental health & well-being can access support from the Mental Health Support Team and Place2Be Children's Councillor who both work one day a week in school.</p>	<p>Children demonstrate enhanced emotional well-being as evidenced through behaviour data; low incidents of bullying and through increased participation in school activities.</p> <p>Evidence of the positive correlation between personal development and academic performance, with children showing increased motivation and engagement in their learning leading to improved outcomes for all.</p> <p>Children exhibit improved social skills, including effective communication, teamwork and conflict resolution, preparing them for future life. They are proud to represent school in the community and across our Trust.</p> <p>There is increased participation in community projects reflecting a sense of responsibility and citizenship amongst the children. Our children are proud to be involved in initiatives like the Intergenerational Linking Project and represent our school as Trust Citizens.</p> <p>A nurturing school environment is evident, where children feel safe, valued, and motivated to learn, contributing to overall school improvement. Evidence is seen in family and pupil annual Endurio surveys.</p> <p>Children successfully transition from class to class and to secondary school as evidenced through feedback from families, children and the different settings our children move to.</p>

<p>aid, road safety. Our teaching of safety considers the context of our school.</p> <p>No Outsiders: Children are taught to recognise and accept difference to prepare them for modern life in Britain. Our children accept the views of others and treat each other with respect, even if they disagree. Children are expected to express their views with kindness and consideration for the feelings of others whilst still challenging discrimination. They are taught that every individual is equal regardless of their age, gender, race, religion, belief, marital status, transgender identity or sexual orientation.</p> <p>Economic well-being: We teach age-appropriate economic well-being and how to make informed and responsible spending choices. We support children in their ambitions to raise money for local charities.</p> <p>Media & Technologies: We have a strong focus on online and digital safety. Children are taught that not all information online is true and how to find accurate information; the risks of sharing information and images online and how to share information safely with people they know as well as how to seek help from adults if they receive a message that worries them.</p> <p>Careers: We provide our children with an age-appropriate careers education. They learn about different careers from professionals and about the qualities and qualifications they need to follow different careers.</p> <p>Ambition: We encourage our children to immerse themselves in all the opportunities school and the wider Trust offers them in order to develop a growth mindset that takes them beyond their everyday lives. We want our children to be future leaders in what ever field they choose both within their community and wider society.</p>	<p>No Outsiders: weekly assemblies that reinforce inclusion, an acceptance of difference and promote our ethos of all are welcome at Beckfoot Nessfield are delivered in Key Stages. Children can discuss diversity and inclusion.</p> <p>Media & Technologies: the computing curriculum teaches children how to stay safe online. It is delivered through the National Centre for Computing Education primary curriculum. myHappyMind and The Story Project PHSE curriculum also cover media and technologies and how to have a healthy online life alongside what to do if they have a concern. Across the year, assemblies and events revisit this knowledge to keep it at the forefront of our children's minds e.g. Safer Internet day.</p> <p>Careers education: provide opportunities for children to listen and talk to a wide range of professionals about career opportunities as well as holding an annual careers fair for our older children. Our Y5 children follow the Positive Footprints programme to raise their aspirations and explore the world of work.</p> <p>Transition: transition programme with Beckfoot Oakbank including weekly lessons and visits to secondary school. Meet the Teacher transition events for children and families across the summer term. Additional transition in school and other settings for vulnerable and SEND children.</p> <p>Ambition: all children are provided with opportunities to take part in wider experiences to build a growth mindset: Sky Arts Week; music lessons; Yorkshire Champions; 500 Words; ' Things to Do Before You Are 5'</p> <p>Community: all children participate in activities that teach them to be good citizens and be kind and respectful young people who accept difference e.g., Linking Schools project; Intergenerational Linking; fundraising for local charities; community projects, Keighley Remembrance Parade</p>	
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<p>Personal Development: SMSC</p> <p>Spiritual</p> <ul style="list-style-type: none"> • Understand that different faiths, people, values, the natural world, human achievement, the arts all have differing spiritual knowledge. • Know how to reflect on their own beliefs and actions and to treat faiths, people, values with respect and tolerance. <p>Moral</p>		

- Learn, over time, how to judge right from wrong and how this is reflected in their lives, so they can act in a morally virtuous way.
- Know to understand and appreciate the views of others.
- Know to understand consequences of their own and the actions of others.
- Debate and learn from different moral dilemmas

Social

- Learn how to communicate and co-operate with confidence with a wide variety of people in different roles.
- Learn to interact with increasing confidence outside their own religious, ethnic and social groups
- Know how to participate, co-operate, volunteer, and resolve conflicts independently with appropriate self-regulation with others.

Cultural

- Know about a wide variety of cultural issues that have shaped the heritage of the UK
- Know how to recognise common aspects, shared across cultural, religious, ethnic, and socio-economic communities
- Gain knowledge of British parliamentary democracy and to impact in shaping our history and values.

Personal Development: British Values

- Know what the 4 British Values are: Democracy, The rule of Law, Mutual Respect, Tolerance & Diversity and Individual Liberty
- Know how to explain them in an age-appropriate way
- Know that each value, although not unique to Britain, are far from universal in the world and that many countries do not have one or more
- Know how to understand that these values are precious and what it might be like to live in a country where specific value may not exist.
- Know about respect, kindness and why rules are important