




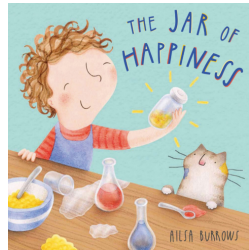





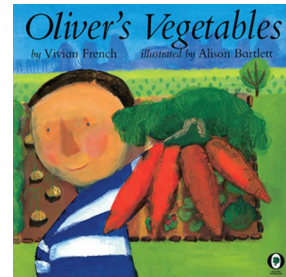

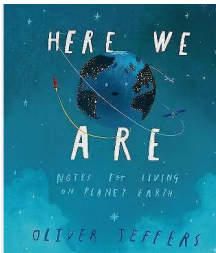
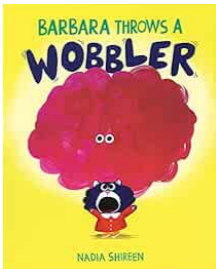
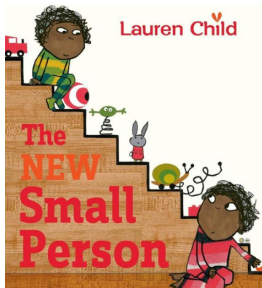















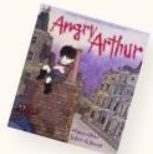






















PSHE & Safety Curriculum Long Term Plan

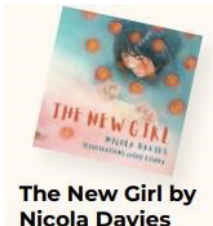









	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	 <p>Meet Your Brain</p> <p>What the brain looks like</p> <p>The role of the brain</p> <p>The importance of looking after our brain</p>	 <p>Celebrate</p> <p>How Character Strengths make us unique and special</p> <p>Celebrate differences</p>	 <p>Appreciate</p> <p>What appreciation is</p> <p>How to show gratitude</p>	 <p>Relate</p> <p>The importance of listening to others</p> <p>How to develop good listening skills</p>	 <p>Engage</p> <p>What Goal Setting is</p> <p>Why goals are important</p>	Reception/ Y1 Transition
	 <p>Mental Well Being</p> <p>Mental Health</p> <p>Caring Friendships</p> 	 <p>Families and People Who Care for Me</p> <p>Respectful Relationships</p> 	 <p>Physical Health & Fitness</p> <p>Health & Prevention</p> <p>Respectful Relationships</p>	 <p>Mental Well Being</p> <p>Being Safe</p> <p>Respectful Relationships</p> <p>Caring friendships</p>	 <p>Physical Health & Fitness</p> <p>Healthy Eating</p> 	 <p>Families and People Who Care for Me</p> <p>Basic First Aid</p> <p>Caring Friendships</p>













					
 <p> NSPCC Speak Out Stay Safe NSPCC PANTS Stranger Danger Healthy Living Week My Happy Mind Relationship </p>	 <p> Fire Safety School Nurse – Handwashing Road Safety </p>	 <p> Safer Internet Week Exploring respect and relationships online Mental Health Week </p>	 <p> PCSO Visit Calling 999 Staying safe at home and in my community NSPCC PANTS </p>	 <p> Air Ambulance/ West Yorkshire Ambulance Service Healthy Eating Week Safety in the Home </p>	 <p> Water, sun & heat Safety Out & About </p>





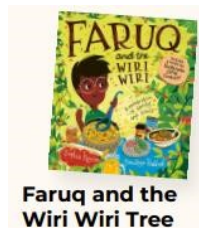
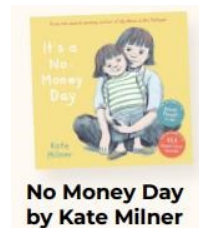






	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	 <p>Meet Your Brain</p> <p>Learning about key parts of the brain</p> <p>What happens in their brain when they feel different emotions</p> <p>The benefits of calming strategies</p>	 <p>Celebrate</p> <p>Learn the 5 Character Strengths</p> <p>Identify their Character Strengths</p> <p>Celebrate others' Character Strengths</p>	 <p>Appreciate</p> <p>What we should appreciate</p> <p>The benefits of showing gratitude</p>	 <p>Relate</p> <p>What relate means</p> <p>Celebrate differences in others</p> <p>What Active Listening is</p>	 <p>Engage</p> <p>What it means to engage</p> <p>How to set goals</p>	 <p>Relationship Curriculum</p> <p>Families and People Who Care for Me</p> <p>Exploring Feelings</p> <p>Fabulous Friendships</p> <p>Keeping Safe Online</p>
	 <p>Mental Well Being</p> <p>Caring relationships</p>  <p>The Friendship Bench:</p>	 <p>Respectful Relationships</p> <p>Mental Well Being</p>  <p>Angry Arthur by Hiawyn Oram</p>	 <p>Keeping Safe</p> <p>Respectful Relationships</p> <p>Internet Safety and Harms</p>	 <p>Health & Prevention</p> <p>Respectful Relationships</p> <p>Physical Health & Fitness</p> <p>Healthy Eating</p>	 <p>Mental Health</p> <p>Being Safe</p> <p>Health & Prevention</p> <p>Respectful Relationships</p> <p>Mental Well Being</p>	 <p>Families and People Who Care for Me</p> <p>Ourselves Growing & Changing</p> <p>Mental Health</p>













		 <p>Look Up by Nathan Byron</p>	<p>Healthy Lifestyles</p>  <p>Morris the Mankiest Monster by Giles Andreae</p>	 <p>Peace at Last by Jill Murphy</p>	 <p>My Big Fantastic Family by Charlotte and Adam Guillane</p>
 <p>NSPCC Speak Out Stay Safe NSPCC PANTS Stranger Danger inc. online Healthy Living Week</p>	 <p>Fire Safety School Nurse - Handwashing Road Safety</p>	 <p>Safer Internet Week Exploring respect and relationships online Mental Health Week</p>	 <p>PCSO Visit Calling 999 Staying safe at home and in my community NSPCC PANTS</p>	 <p>On-line Relationships Air Ambulance/ West Yorkshire Ambulance Service Healthy Eating Week Safety in the Home</p>	 <p>Water, sun & heat Medicines Transition Safety Out & About Economic Well Being</p>



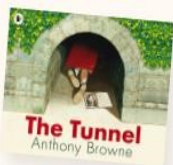
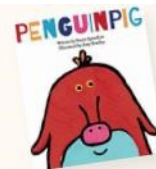
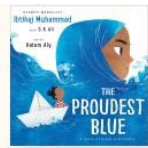





	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	 <p>Meet Your Brain Learning about key parts of the brain</p> <p>What happens in their brain when they feel different emotions</p> <p>The benefits of calming strategies</p>	 <p>Celebrate Learn the 5 Character Strengths</p> <p>Identify their Character Strengths</p> <p>Celebrate others' Character Strengths</p>	 <p>Appreciate What we should appreciate</p> <p>The benefits of showing gratitude</p>	 <p>Relate What relate means</p> <p>Celebrate differences in others</p> <p>What Active Listening is</p>	 <p>Engage What it means to engage</p> <p>How to set goals</p>	 <p>Relationship Curriculum Families and People Who Care for Me</p> <p>Exploring Feelings</p> <p>Fabulous Friendships</p> <p>Keeping Safe Online</p>













<p>The STORY PROJECT</p> <p>Caring friendships</p>  <p>The New Girl by Nicola Davies</p>	<p>The STORY PROJECT</p> <p>Mental Well Being Mental Health Respectful Relationships Respecting Self and Others</p>  <p>Ravi's Roar, by Tom Percival</p>	<p>The STORY PROJECT</p> <p>Online Relationships Internet Safety and Harms</p>  <p>Chicken Clicking by Jeanne Willis and Tony Ross</p>	<p>The STORY PROJECT</p> <p>Respectful Relationships Ourselves Growing & Changing Resilience</p>  <p>The Girl Who Never Made Mistakes by Mark Pett and Gary Rubinstein</p>	<p>The STORY PROJECT</p> <p>Families and People Who Care for Me Mental Well Being</p>  <p>Grandad's Camper by Harry Woodgate</p>	<p>The STORY PROJECT</p> <p>Being Safe Ourselves Growing & Changing</p>  <p>Aliens Love Underpants by Claire Freedman</p>
 <p>NSPCC Speak Out Stay Safe NSPCC PANTS Stranger Danger inc. online Healthy Living Week</p>	 <p>Fire Safety School Nurse - Handwashing Road Safety</p>	 <p>Safer Internet Week Exploring respect and relationships online Mental Health Week</p>	 <p>PCSO Visit Calling 999 Staying safe at home and in my community NSPCC PANTS</p>	 <p>On-line Relationships Air Ambulance/ West Yorkshire Ambulance Service Healthy Eating Week Safety in the Home</p>	 <p>Water, sun & heat Medicines Transition Safety Out & About Economic Well Being</p>




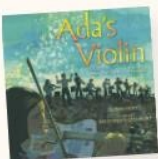







	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	 <p>Meet Your Brain</p> <p>Key parts of the brain and how they work</p> <p>How to support their brain when feeling different emotions</p> <p>Creating positive habits</p>	 <p>Celebrate</p> <p>Identify Character Strengths in different scenarios</p> <p>Develop their Character Strengths</p>	 <p>Appreciate</p> <p>Develop the skill of gratitude</p> <p>The benefits of giving and receiving gratitude</p>	 <p>Relate</p> <p>Looking at different perspectives</p> <p>The importance of friendships</p> <p>The benefits of Active Listening</p>	 <p>Engage</p> <p>How to develop the skills of perseverance and resilience</p> <p>Reflect on goals whether they are achieved or not</p>	 <p>Relationship Curriculum</p> <p>Families In the Wider World</p> <p>All About Me</p> <p>Learning To Love Difference</p> <p>Getting Along with Our Families</p> <p>Friendship Ups and Downs</p> <p>Keeping Safe Online</p>
	 <p>Being Safe</p> <p>Families & People Who Care for Me</p> <p>Mental Well Being</p>	 <p>Respectful Relationships</p> <p>Mental Well Being</p> <p>Families & People Who Care for Me</p>	 <p>Respectful Relationships</p> <p>Mental Well Being</p>	 <p>Being Safe</p> <p>Health & Prevention</p> <p>Families & People Who Care for Me</p>	 <p>Healthy Eating</p>	 <p>Mental Well Being</p>

<p>Shared Responsibility</p> <p>Internet Safety and Harms</p>  <p>On a Magical Do Nothing Day by Beatrice Allemagne</p>	<p>Resilience</p> <p>Caring Friendships</p>  <p>Ossiri and The Bala Mengro by Richard O'Neill and Katharine Quarmby</p>	 <p>The Hundred Dresses by Eleanor Estes</p>	<p>Mental Well Being</p>  <p>Ruby's Worry by Tom Percival</p>	 <p>Faruq and the Wiri Wiri Tree</p>	 <p>No Money Day by Kate Milner</p>
 <p>NSPCC Speak Out Stay Safe</p> <p>NSPCC PANTS</p> <p>Stranger Danger inc. online</p> <p>Healthy Living Week</p> <p>Pol-Ed Halloween Staying Safe Assembly</p>	 <p>Pol-Ed Bonfire Night Assembly</p> <p>School Nurse - Handwashing</p> <p>Road Safety</p> <p>Pol-Ed Anti-Bullying Week Assembly</p> <p>Pol-Ed Winter Water Safety Assembly</p>	 <p>Safer Internet Week Exploring respect and relationships online</p> <p>Pol -Ed Keeping Safe Online Assembly</p> <p>Mental Health Week</p> <p>Rail Safety</p>	 <p>PCSO Visit</p> <p>Calling 999</p> <p>Staying safe at home and in my community</p> <p>NSPCC PANTS</p>	 <p>On-line Relationships</p> <p>Air Ambulance/ West Yorkshire Ambulance Service</p> <p>Healthy Eating Week</p> <p>Safety in the Home</p>	 <p>Pol-Ed Summer Water Safety Assembly</p> <p>sun & heat</p> <p>Medicines</p> <p>Transition</p> <p>Safety Out & About</p> <p>Economic Well Being</p>







	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4	 <p>Meet Your Brain</p> <p>Key parts of the brain and how they work</p> <p>How to support their brain when feeling different emotions</p> <p>Creating positive habits</p>	 <p>Celebrate</p> <p>Identify Character Strengths in different scenarios</p> <p>Develop their Character Strengths</p>	 <p>Appreciate</p> <p>Develop the skill of gratitude</p> <p>The benefits of giving and receiving gratitude</p>	 <p>Relate</p> <p>Looking at different perspectives</p> <p>The importance of friendships</p> <p>The benefits of Active Listening</p>	 <p>Engage</p> <p>How to develop the skills of perseverance and resilience</p> <p>Reflect on goals whether they are achieved or not</p>	 <p>Relationship Curriculum</p> <p>Families In The Wider World</p> <p>All About Me</p> <p>Learning To Love Difference</p> <p>Getting Along with Our Families</p> <p>Friendship Ups and Downs</p> <p>Keeping Safe Online</p>
	 <p>Mental Well Being</p> <p>Ourselves Growing & Changing</p> <p>Changing Adolescent Body</p>	 <p>Being Safe</p> <p>Respectful Relationships</p> <p>Caring friendships</p>	 <p>Basic First Aid</p> <p>Caring Friendships</p>	 <p>Respectful Relationships</p>	 <p>Being Safe</p> <p>Online Relationships</p> <p>Internet Safety and Harms</p>	 <p>Respectful Relationships</p> <p>Families and People Who Care for Me</p> <p>Mental Well Being</p>





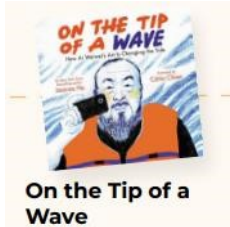

 <p>The Grand Hotel of Feelings by Lidia Brankovic</p>	 <p>This Moose Belongs to Me by Oliver Jeffers</p>	 <p>The Tunnel by Anthony Browne</p>	 <p>Mama Miti by Donna Jo Napoli</p>	 <p>Penguin Pig by Stuart Spendlow</p>	 <p>The Proudest Blue by Ibtihaj Muhammad</p>
 <p>NSPCC Speak Out Stay Safe NSPCC PANTS Stranger Danger inc. online Healthy Living Week Pol-Ed Halloween Staying Safe Assembly</p>	 <p>Pol-Ed Bonfire Night Assembly School Nurse - Handwashing Road Safety Pol-Ed Anti-Bullying Week Assembly Pol-Ed Winter Water Safety Assembly</p>	 <p>Safer Internet Week Exploring respect and relationships online Pol -Ed Keeping Safe Online Assembly Mental Health Week Rail Safety</p>	 <p>PCSO Visit Calling 999 Staying safe at home and in my community NSPCC PANTS</p>	 <p>On-line Relationships Air Ambulance/ West Yorkshire Ambulance Service Healthy Eating Week Safety in the Home</p>	 <p>Pol-Ed Summer Water Safety Assembly sun & heat Medicines Transition Safety Out & About Economic Well Being</p>







	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	 <p>Meet Your Brain</p> <p>The science behind the brain in more detail and understand how to react positively</p> <p>Use calming strategies independently</p>	 <p>Celebrate</p> <p>The importance of identifying Character Strengths in themselves and others</p> <p>How Character Strengths help in different situations</p> <p>How Character Strengths can support them through transition</p>	 <p>Appreciate</p> <p>The brain's reaction to giving and receiving gratitude at a deeper level</p> <p>Creating daily habits of gratitude</p> <p>How gratitude can help them through tough times</p>	 <p>Relate</p> <p>How to build successful friendships</p> <p>Skills needed to actively listen</p> <p>How relationships can support them through transition</p>	 <p>Engage</p> <p>Individual and team goals</p> <p>How to remain engaged with goals</p> <p>Independently create goals and know the steps and strategies needed to achieve these</p>	 <p>Relationship Curriculum</p> <p>Friendships On and Offline</p> <p>Friendships and Secrets</p> <p>Peer Pressure</p> <p>Identity and Respect</p> <p>Discrimination and the Law</p> <p>Online Safety-Images</p>
	 <p>Mental Well Being</p> <p>Being Safe</p> <p>Respectful Relationships</p>	 <p>Mental Well Being</p> <p>Respectful Relationships</p>	 <p>Families and People Who Care for Us</p> <p>Respectful Relationships</p>	 <p>Mental Well Being</p> <p>Respectful Relationships</p> <p>Ourselves Growing & Changing</p>	 <p>Mental Well Being</p> <p>Being Safe</p>	 <p>Physical changes during puberty inc. menstruation</p>

 <p>The Colour Thief</p>	 <p>The Boy who Grew Flowers by Jennifer Wojtowicz</p>	<p>Internet Safety and Harms</p> 	 <p>Ada's Violin by Susan Hood</p>	 <p>Mum and Dad Glue</p>	<p>Biological changes that happen to males and females during puberty.</p> <p>Importance of personal hygiene during puberty.</p> <p>How and why emotions change during puberty.</p> <p>Getting appropriate help, advice and support about puberty.</p> <p>School Nursing Team puberty workshop</p>
 <p>NSPCC Speak Out Stay Safe</p> <p>NSPCC PANTS</p> <p>Stranger Danger inc. online</p> <p>Healthy Living Week</p>	 <p>Pol-Ed Bonfire Night Assembly</p> <p>School Nurse - Handwashing</p> <p>Road Safety</p>	 <p>Safer Internet Week Exploring respect and relationships online</p>	 <p>PCSO Visit</p> <p>Calling 999</p> <p>Staying safe at home and in my community</p> <p>NSPCC PANTS</p>	 <p>On-line Relationships</p> <p>Air Ambulance/ West Yorkshire Ambulance Service</p> <p>Healthy Eating Week</p>	 <p>Pol-Ed Summer Water Safety Assembly</p> <p>sun & heat</p> <p>Medicines</p> <p>Transition</p>

	Pol-Ed Halloween Staying Safe Assembly	Pol-Ed Anti-Bullying Week Assembly Pol-Ed Winter Water Safety Assembly	Pol -Ed Keeping Safe Online Assembly Mental Health Week Rail Safety		Safety in the Home	Safety Out & About Economic Well Being Positive Footprints
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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 6	 <p>Meet Your Brain The science behind the brain in more detail and understand how to react positively Use calming strategies independently</p>	 <p>Celebrate The importance of identifying Character Strengths in themselves and others How Character Strengths help in different situations How Character Strengths can support them through transition</p>	 <p>Appreciate The brain's reaction to giving and receiving gratitude at a deeper level Creating daily habits of gratitude How gratitude can help them through tough times</p>	 <p>Relate How to build successful friendships Skills needed to actively listen How relationships can support them through transition</p>	 <p>Engage Individual and team goals How to remain engaged with goals Independently create goals and know the steps and strategies needed to achieve these</p>	 <p>Relationship Curriculum Friendships On and Offline Friendships and Secrets Peer Pressure Identity and Respect Discrimination and the Law Online Safety- Images</p>

					Y6 Transition
<p>The STORY PROJECT</p> <p>Economic Well Being</p> <p>Ourselves Growing & Changing</p>  <p>Aaron Slater Illustrator</p>	<p>The STORY PROJECT</p> <p>Ourselves Growing & Changing</p> 	<p>The STORY PROJECT</p> <p>Respectful Relationships</p> <p>Families & People Who Care for Us</p> <p>Mental Well Being</p>  <p>Anne Frank The Diary of a Young Girl by Anne Frank</p>	<p>The STORY PROJECT</p> <p>Being Safe</p> <p>Respectful Relationships</p> <p>Families & People Who Care for Us</p> <p>Physical Health & Fitness</p> <p>Healthy Eating</p> <p>Drugs Alcohol & Tobacco</p> <p>Health & Prevention</p>  <p>Harry Potter and the Half Blood Prince by J.K. Rowling</p>	<p>The STORY PROJECT</p> <p>Respectful Relationships</p> <p>Mental Well Being</p> <p>Economic Well Being</p> <p>Shared Responsibility</p>  <p>On the Tip of a Wave</p>	 <p>More about the changes that happen at puberty.</p> <p>Managing change - new roles and responsibilities as we grow up.</p> <p>What constitutes a positive, healthy relationship.</p> <p>That relationships change over time.</p> <p>Adult relationships and the human life cycle.</p> <p>Human reproduction (how a baby is made and how it grows).</p>

 <p>NSPCC Speak Out Stay Safe</p> <p>NSPCC PANTS</p> <p>Stranger Danger inc. online</p> <p>Healthy Living Week</p> <p>Pol-Ed Halloween Staying Safe Assembly</p>	 <p>Pol-Ed Bonfire Night Assembly</p> <p>School Nurse - Handwashing</p> <p>Road Safety</p> <p>Pol-Ed Anti- Bullying Week Assembly</p> <p>Pol-Ed Winter Water Safety Assembly</p>	 <p>Safer Internet Week Exploring respect and relationships online</p> <p>Pol -Ed Keeping Safe Online Assembly</p> <p>Mental Health Week</p> <p>Rail Safety</p>	 <p>PCSO Visit</p> <p>Calling 999</p> <p>Staying safe at home and in my community</p> <p>NSPCC PANTS</p>	 <p>On-line Relationships</p> <p>Air Ambulance/ West Yorkshire Ambulance Service</p> <p>Healthy Eating Week</p> <p>Safety in the Home</p> <p>MHST groups sessions on coping with SATs</p>	 <p>Pol-Ed Summer Water Safety Assembly</p> <p>sun & heat</p> <p>Medicines</p> <p>Transition</p> <p>Safety Out & About</p> <p>Economic Well Being</p> <p>MHST transition</p>
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